

Course Overview

When the buddy system works, it works well, but many divers are often left in precarious situations by a bad diving partner. The purpose of the Self-Reliant Diver programme is to provide exposure to the skills needed to extricate oneself from such a situation and to emphasise the importance of proper dive planning as a means to avoid such situations in the first instance.

Prerequisites

To enrol in the course, you must be 18 years old and be certified as a PADI AOW Diver (or equivalent), and successfully pass a skills assessment to determine your level of comfort and competence. Whilst not required, divers are encouraged to have completed a PADI Rescue Diver course.

What's Involved

This course has four components: Knowledge development, equipment workshop, confined water skills development and open water dives. These will be scheduled to suit divers enrolled in each course, but typically will be run over two evenings and a weekend. The course will cover aspects of dive planning, risk management and equipment for self-reliance. In addition, this course focuses on improving basic diving skills such as buoyancy control and trim. This is a challenging course that will help you identify your strengths and weaknesses and develop an awareness of your own limitations.

Course Skills

Out of gas drills, pony bottle deployment, buoyancy and trim, backup mask swap whilst hovering.

Why Do the Course?

This course will appeal to divers wishing to increase their safety awareness whilst diving. The course will also benefit divers wishing to get exposure to technical diving without wanting to commit to a decompression based course.

What's Included

The course fee covers instructional time, gas fills, certification costs and 1 day of boat diving only. Gear hire is not included.

What You Need

In addition to standard scuba equipment, students are required to have a spare mask, a delayed surface marker buoy, a spool/reel with 30m of line and a fully redundant gas supply (e.g. pony bottle). It is strongly recommended that a pony bottle has a minimum volume of 4.5 litres/30 cu ft. These may be rented for the duration of the course.

Student testimonials

"I didn't really realise it at the time, but Andy pointed out later that the whole time I was wrestling with the hose, I was staying pretty much stationary in the water column rather than crashing to the bottom or popping to the surface... something that I would NOT have been able to do before the SRD course... that to me was the crowning moment of the weekend!" [Sean C. – Wellington]

Further Information

Enquires regarding this course may be directed to your local dive shop, or contact us direct by email: info@techdivenz.com.

SATISFACTION GUARANTEED!

We are so confident that we can improve both your knowledge and skills on a Techdive course that we offer a money back guarantee.*

* Full terms and conditions can be found on our website.



Course Information

Course Price
\$650

Prerequisites
PADI Advanced Open Water

Student to Instructor Ratio
4:1 (maximum)

No. Sessions
1 theory session
1 pool session
4 open water dives

Mandatory Equipment
SMB and spool
Pony bottle* and regulator
Spare mask

*Recommended minimum
volume 30 cuft/4.5 litres

Suggested Equipment
Regulator with 2m hose

Related Courses
GUE Fundamentals
TDI Advanced Nitrox &
Decompression Procedures

