

Course Overview

The GUE Recreational Diver level 3 course is a mastery-level recreational class structured to prepare divers for deeper recreational diving using proper equipment, diving techniques and breathing mixtures. In this class, students will be introduced to the theory and practice of limited decompression, the use of trimix as a breathing gas and trained in correct ascent procedures.

Prerequisites

To enrol in the course, you must be 18 years of age, have completed the GUE Fundamentals course with a "tec" pass, be able to swim a distance of at least 50 feet/15 meters on a breath hold and be able to swim at least 300 yards/275 meters in less than 14 minutes without stopping. Please note that GUE does not allow smokers on any of their courses.

What's Involved

The GUE Rec 3 course is normally conducted over a 5 day period. Combining lectures and practical (in-water) sessions, this course is designed to build on the students current knowledge of nitrox diving and introduce trimix as a breathing gas. Most importantly the course focuses on building competence in ascent management and gas switching. The course starts in shallow water and concludes with two dives in the 35–40m range.

Course Skills

Valve failures, gas switching and ascent protocols, out-of-gas emergencies, SMB deployment, dive planning and decompression, team communication and diving protocols.

Why Do the Course?

This course will be of interest to all divers that wish to extend their diving and conduct deeper recreational dives using helium mixtures to minimise narcosis and extend bottom times. Once you complete the course you will be qualified to use standard GUE helium gas mixtures to dive to a maximum depth of 40m.

What's Included

The course fee covers all instructional time, gas fills (including trimix) and all boat costs. Students pay certification and course material costs directly to GUE. Gear hire is not included.

What You Need

All GUE courses are taught in the standard GUE gear configuration. In addition to the equipment required for the GUEF course you will also need a deco bottle, deco reg, argon bottle and argon reg. We strongly recommend that you discuss these requirements with your instructor.



Student testimonials

"I found this course very challenging, but it has revolutionised my diving! Having to deal with problems and failures from the bottom all through the ascent has made me realised just how unprepared I was for doing deeper dives before undertaking this course. And I never realised just how much diving air affects you at depth, we did our final dives using trimix and it was fabulous to be able to remember what the dive site was like!" [Miles C. – Auckland]

Further Information

Enquires regarding this course may be directed to your local dive shop, or contact us direct by email: info@techdivenz.com

SATISFACTION GUARANTEED!

We are so confident that we can improve both your knowledge and skills on a Techdive course that we offer a money back guarantee.*

* Full terms and conditions can be found on our website.



Course Information

Course Price
\$2500

Prerequisites
GUE Fundamentals
(technical pass)

Student to Instructor Ratio
3:1 (maximum)

No. Sessions
4 theory sessions
8 open water dives
(5 days in total)

Mandatory Equipment
All GUE courses have very specific equipment requirements. Please see our website or contact your instructor for details.

Related Courses
GUE Tech 1
PADI Advanced Wreck

